

"I WAS SICK AND
YE VISITED ME"

Our Known Sick and/
or Shut-in Prayer List

Christopher Bates [B]
Teresa Bridges [I]
Jessica Butler [B]
Terry Carey [F1]
Charlie Clark [K1]
Curley Creamier [C2]
Samuel Graham [L1]
Edwin Green [M3]
Beulah (BJ) Harper [D1]
Cheryl Harris [D1]
Kenneth Irby [N]
Kizzie Lane [G1]
Jeannette Langford [D4]
Gwynne McCathorine [N]
Nellie McLeod [H1]
William C. McLeod [H1]
Maria McNair [C1]
Ralph Minor [B]
Suzette Montero [F2]
Kathy Payne [M3]
Bertha Pickering [K1]
Essie Pullman [Z]
Katherine Stevens [D1]
William Terry [M1]
Haywood Thomas [D4]
Cynthia Thompson [M2]
Myrtle Stith [K4]
Cynthia Walker [Z]
Clyde Wimbush [N]

GRAIN OF HEAVEN

Continental Breakfast



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Website
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This Week at a Glance & Activities

Today, July 16

Music ~ Voices of Zion/ Jewels
Sunday School 7A; Worship Service
8A; Sunday School 9:45A; Juvenile
Detention 10A; Worship Service 11A

Monday, July 17

Proverbs Place Summer Camp 8A;
Deacon Ministry Interview Training
7:30P; Trustee Ministry Finance
Committee 7:30P; Trustee Ministry
Future Development Committee
7:30P

Tuesday, July 18

Proverbs Place Summer Camp 8A;
Men's Choir 7:30P; Deaconess
Meeting 7:30P

Wednesday, July 19

Proverbs Place Summer Camp 8A;
Praise & Worship 7:30P; Bible Study
8P

Thursday, July 20

Proverbs Place Summer Camp 8A;
Deacon Ministry Meeting 7:30P

Friday, July 21

Proverbs Place Summer Camp 8A

Saturday, July 22

SHARE Distribution 9A; Par For The
Course Golf SGM (Old Hickory-
Woodbridge) 10A

CHILDREN'S MINISTRY

Salvation Station will be closed today and
July 30, 2017

If you have any questions, please contact
Benjamin Duckenfield, Salvation Station
Director, (540) 467-1380, benjaminduckenfield3bd@gmail.com

Volunteers Needed. Children's Church
provides children (pre K - 5th grade) an
opportunity to worship and learn about
Jesus Christ in a safe, age appropriate, and
fun environment.

If you are interested in volunteering for
Children's Church, which runs from

September-June. Encourage you to join our
team by sharing your giftedness.

If you have any question please contact
Michelle Wallace,
mew1021@verizon.net, 240-602-5929.

FMZ CHURCH DRIVERS NEEDED

DRIVERS ARE NEEDED: Are you trying to
find a way to serve GOD's people? Do you
have a good driver's record? Do you enjoy
meeting new people? Consider joining our
team of Church Drivers. As our fleet gets
larger, the mission will increase. We are
looking for dependable volunteer drivers
who will be willing to assist with the pick-up
and drop off of individuals who want to
attend Sunday School and the 8:00 and/or
11:00 worship services. If you are interest-
ed or have any questions, please call the
Admin Office at (703) 670-0184.

BLOOD DRIVE

Save the date - July 23, 2017. The Single's
and Health Ministries will be conducting
FMZBC 15th Annual Blood Drive. Please
sign up in the Narthex after worship service
today and help save a Life. POC: Al Shelton
at (703) 969-5910.

SHARE DISTRIBUTION

July SHARE packages will be distributed on
Saturday, July 22nd from 9 -10am in the
gymnasium. POC Thomas Bates 703-330-
6371 or Cherry Anderson 540-361-4319.

YOUTH MINISTRY

Youth Sunday Worship Participants Needed: All
FMZ Youth (6th - 12th Graders) have an opportuni-
ty and an occasion to serve. Please contact Rev.
McNeill by phone or email to sign up to serve
through leading the responsive reading, morning
prayer or the offertory prayer on 3rd Sundays for
the 8am and 11am services. High School Seniors
and matriculating juniors are encouraged and
invited to contact Rev. McNeill prior to Sept. 1. at
(703) 670-0184 or jmcneill@firstmountzionbc.org.

Youth Bible Study this Summer: "Living Out the
Teachings of Jesus" is the general theme for our
Wednesday night study which begins at
8pm. Come and learn how to do the right things
for the right reasons. Discover how to please
God.

FMZ HAIR STUDIO

FMZ Hair Studio Summer Hours
Thursday and Friday ~ 10:00am-7:00pm
Saturday ~ 8:00am-2:00pm

MARRIED COUPLES MINISTRY

The FMZBC Married Couples' Ministry presents
An Overnight Retreat: "Remembering the Prom-
ise" at the Embassy Suites, Springfield, VA,
December 8-9, 2017. Friday Night -- Semi-formal
Gala; Saturday Morning-- Mini Conference. Guest
Presenters: Jackie & Stephana Bledsoe, Authors
of the "7 Rings of Marriage." Registration begins
August 6, 2017. Space is limited to the first 50
couples.

M1, M2 & M3 ZONE FELLOWSHIP

Mark your calendars! On August 19th we will be
coming together to enjoy one another's company,
chow down on some good food, and laugh a lot as
we cheer for each other while playing games.
Look for more information and sign-up opportuni-
ties in mid-July.

FIT BY GOD

Line Dancing- 8 Week Program on Monday
Nights 7 to 8:30 pm starting July 10th in the gym-
nasium. Come learn, dance and fellowship!

ARCHIVES OPEN HOUSE

Let's Do It Again: Did you miss the 150th Anni-
versary archives display in the Narthex on anni-
versary Sunday or did you see it and want to see
it again? Then here is your opportunity. Stop by
the Archives Open House on the 1st level on Sun-
day, July 30th immediately after the morning wor-
ship service.

ADMINISTRATIVE OFFICE STAFF

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THE COST FOR ANNOUNCEMENTS FOR RECOGNITION OF INDIVIDUALS IS \$20.00 PER REQUEST. PAYMENT SHOULD ACCOMPANY YOUR REQUEST. PLEASE LIMIT YOUR WORDING TO TWO LINES. THE REQUEST SHOULD BE SENT TO THE CHURCH OFFICE NLT 12 NOON ON WEDNESDAY TO: ANNOUNCEMENTS@FIRSTMOUNTZIONBC.ORG. WE RESERVE THE RIGHT TO MAKE CHANGES AS NECESSARY.

**MUSIC & ARTS
MINISTRY
JULY
REHEARSALS**

Mass Choir
Thurs 27; 7:30P

Men's Choir
Tues 18; 7:30P

Voices of Zion/ Jewel's
Thurs 20; 7P

2017 REVIVAL

Revival services begin Sunday, August 6th. The schedule for the week follows.

Sunday: Rev. Dr. Angela D. Sims, Academic Dean & Associate Professor, Saint Paul School of Theology, Overland Park, KS

Monday and Tuesday: (August 7-8) 7:30pm: Rev. William H. Lemar IV, Pastor, Metropolitan African Methodist Episcopal Church, Washington, DC

Wednesday through Friday: (August 9-11) 7:30pm: Rev. Dr. James E. Victor, Jr., Pastor, Mount Olive Baptist Church, Arlington, VA

PWC NAACP

The PWC NAACP will hold its monthly General Membership Meeting on Tuesday, July 18th, from 7:30 to 9:00 p.m. at the First AME Church located at 10313 S. Grant Ave., Manassas, VA. Please come out and join us. If you are unable to attend the meeting, you can participate on-line by using our GoToMeeting procedure. Go to our website at pwnaacp.org and access the calendar entry for this meeting.

Music & Arts/Devotion Schedule

Monday - Women's Choir
Devotions- Women's Ministry

Tuesday - Men's Choir
Devotion - Men's Ministry

Wednesday - Voices of Zion
Devotion - Youth Ministry

Thursday - Young Adult Ensemble
Devotion - Pastor's Aide Ministry

Friday - Combined Choir
Devotion - Associate Ministers