

"I WAS SICK AND
YE VISITED ME"

Our Known Sick and/
or Shut-in Prayer List

Christopher Bates [B]
Teresa Bridges [I]
Jessica Butler [B]
Terry Carey [F1]
Charlie Clark [K1]
Curley Creamier [C2]
Samuel Graham [L1]
Edwin Green [M3]
Beulah (BJ) Harper [D1]
Cheryl Harris [D1]
Kenneth Irby [N]
Kizzie Lane [G1]
Jeannette Langford [D4]
Gwynne McCatharine [N]
Nellie McLeod [H1]
William C. McLeod [H1]
Maria McNair [C1]
Ralph Minor [B]
Suzette Montero [F2]
Kathy Payne [M3]
Bertha Pickering [K1]
Essie Pullman [Z]
Katherine Stevens [D1]
William Terry [M1]
Haywood Thomas [D4]
Cynthia Thompson [M2]
Myrtle Stith [K4]
Cynthia Walker [Z]
Clyde Wimbush [N]

GRAIN OF HEAVEN

No Breakfast



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This Week at a Glance & Activities

Today, June 25

Music ~ Men's Choir
Sunday School 7A; Worship Service
8A; Sunday School 9:45A; Juvenile
Detention 10A; Children's Church 11A;
Worship Service 11A; Basic Christian
Beliefs SGM (Stafford) 3P

Monday, June 26

Vacation Bible School 8A; Proverbs
Place Summer Camp 8A; Journey to
Joy 7P; Women's Ministry Outreach
Committee 7:30P

Tuesday, June 27

Vacation Bible School 8A; Proverbs
Place Summer Camp 8A; Alzheimer's
Caregiver Support SGM2 7P; Connect-
ed to Connect 7P; Women's Choir 7P

Wednesday, June 28

Vacation Bible School 8A; Proverbs
Place Summer Camp 8A; Alzheimer's
Caregiver Support SGM1 11A; Praise
& Worship 7:30P; Bible Study 8P

Thursday, June 29

Vacation Bible School 8A; Proverbs
Place Summer Camp 8A; Deaconess
Candidate Training 7P; Joint Leader-
ship Candidate Training 7P; Mass
Choir 7:30P

Friday, June 30

Vacation Bible School 8A; Proverbs
Place Summer Camp 8A

Saturday, July 1

Sean Boles Promotion Ceremony 11A

CHILDREN'S MINISTRY

Children's Church Policy:

Nursery - 12 months - 3 years
Children's Church - 3 years (potty trained)
and up. POC: Michelle Wallace,
mew1021@verizon.net, 240-602-5929.

2017 MID-YEAR ADJUSTMENTS

Please submit budget adjustment requests to the Financial Secretary no later than COB Thursday, July 6, 2017. In order for the request to be considered, it must be submitted on the Mid-Year Adjustment form with ministry chair or oversight ministry chair approval. The Mid-Year Adjustment form is available in the forms box in the Narthex near the Administrative Office. The Trustee Ministry will present the adjustments for Church approval at the August 5, 2017, Church Meeting. Contact Trustees William Bradley, Maxine DuFore, or Oscar Dailey, with any questions.

FMZ CHURCH DRIVERS NEEDED

DRIVERS ARE NEEDED: Are you trying to find a way to serve GOD's people? Do you have a good driver's record? Do you enjoy meeting new people? Consider joining our team of Church Drivers. As our fleet gets larger, the mission will increase. We are looking for dependable volunteer drivers who will be willing to assist with the pick-up and drop off of individuals who want to attend Sunday School and the 8:00 and/or 11:00 worship services. If you are interested or have any questions, please call the Admin Office at (703) 670-0184.

BLOOD DRIVE

Save the date - July 23, 2017. The Single's and Health Ministries will be conducting FMZBC 15th Annual Blood Drive. Please sign up in the Narthex after worship service today and help save a Life. POC: Al Shelton at (703) 969-5910.

ZONE E2 FELLOWSHIP

Connect with your zone brothers and sisters expressing God's love and also enjoy great food, fun and fellowship with each other. In Woodbridge, June 24, 2017 from 11:00am-3:00pm. POC: Rodney & Tamitha Downey at chlesha@aol.com.

SUPPORT VBS SERVICE PROJECT

FINAL WEEK

Please support the VBS 2017 Service Project, *Blessings in A Bag*. Our goal is to donate *150 Blessing Bags for Kids*. Pick up a flyer with details (*needs list updated*) at the VBS Donations table in the narthex. Donations can be dropped in the box at the VBS Donations table, or dropped off during VBS June 26th-30th, 8:00am-12:30pm.

K-1 MEMBERS MEET YOUR ZONE LEADERS

K-1 Zone Members stop by and meet your Zone Leaders after service today. There will be a table set up in the Narthex where you can meet and greet your Zone Leaders, as well as, ensure your contact information is up to date. Stop by and find out what's going on in Zone K-1. Your Zone Leaders are Deacon Vannie J. Parker IV & Deaconess Carolyn Woodson.

YOUTH MINISTRY

Youth Sunday Worship Participants Needed: All FMZ Youth (6th - 12th Graders) have an opportunity and an occasion to serve. Please contact Rev. McNeill by phone or email to sign up to serve through leading the responsive reading, morning prayer or the offertory prayer on 3rd Sundays for the 8am and 11am services. High School Seniors and matriculating juniors are encouraged and invited to contact Rev. McNeill prior to Sept. 1. at (703) 670-0184 or jmcehill@firstmountzionbc.org.

Youth Bible Study this Summer: "Living Out the Teachings of Jesus" is the general theme for our Wednesday night study which begins at 8pm. Come and learn how to do the right things for the right reasons. Discover how to please God.

FMZ HAIR STUDIO

FMZ Hair Studio Summer Hours
Thursday and Friday ~ 10:00am-7:00pm
Saturday ~ 8:00am-2:00pm

MARRIED COUPLES MINISTRY

SAVE THE DATE: December 8-9, 2017. The FMZBC Married Couples' Ministry presents "Remembering the Promise Gala" at the Embassy Suites, Springfield, VA. Guest Presenters: Jackie & Stephana Bledsoe, Author of the "7 Rings of Marriage." Registration begins at FMZBC on August 6, 2017 after the 8 & 11 am services.

ADMINISTRATIVE OFFICE STAFF

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THE COST FOR ANNOUNCEMENTS FOR RECOGNITION OF INDIVIDUALS IS \$20.00 PER REQUEST. PAYMENT SHOULD ACCOMPANY YOUR REQUEST. PLEASE LIMIT YOUR WORDING TO TWO LINES. THE REQUEST SHOULD BE SENT TO THE CHURCH OFFICE NLT 12 NOON ON WEDNESDAY TO: ANNOUNCEMENTS@FIRSTMOUNTZIONBC.ORG. WE RESERVE THE RIGHT TO MAKE CHANGES AS NECESSARY.

**MUSIC & ARTS
MINISTRY
JUNE
REHEARSALS**

Mass Choir
Thurs 29; 7:30P

Women's Choir
Tues 27; 7P