

"I WAS SICK AND
YE VISITED ME"

This Week at a Glance & Activities

Our Known Sick and/
or Shut-in Prayer List

- Christopher Bates [B]
- Oonagh Bell [D1]
- Teresa Bridges [I]
- Jessica Butler [B]
- Terry Carey [F1]
- Charlie Clark [K1]
- Idell Collins [D3]
- Curley Creamier [C2]
- Samuel Graham [L1]
- Kenneth Irby [N]
- Kizzie Lane [G1]
- Gwynne McCathorine [N]
- Nellie McLeod [H1]
- William C. McLeod [H1]
- Maria McNair [C1]
- Ralph Minor [B]
- Suzette Montero [F2]
- Betty Palmer [D1]
- Bertha Pickering [K1]
- Essie Pullman [Z]
- William Terry [M1]
- Cynthia Thompson [M2]
- Cynthia Walker [Z]
- Clyde Wimbush [N]

GRAIN OF HEAVEN

Bacon, Turkey Sausage,
Omelet Station, Potatoes,
Grits, Oatmeal, Scrambled
Eggs, and Biscuits.



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Today, Feb 12

Music ~ Mass Choir
Sunday School 7A; Worship Service
8A; Ministry Photos 9:20A; Sunday
School 9:45A; Juvenile Detention 10A;
Worship Service 11A; Ministry Photos
12:30P

Monday, Feb 13

Academic Education Ministry (tutorial)
7P; Benevolence Committee 7P; Con-
nected to Connect 7P

Tuesday, Feb 14

Pi Lambda Lambda OPPF 7P; Toast-
masters 7P; Men's Choir 7:30P

Wednesday, Feb 15

Senior's Ministry 12:30P; Praise &
Worship 7:30P; Bible Study 8P

Thursday, Feb 16

Jewels Choir 7P; Motorcycle Ministry
7P; Voices of Zion 7P; Deacon Ministry
Meeting 7:30P; Trustee-Facility & Real
Property Committee 7:30P

Friday, Feb 17

Youth Ministry Lock-In 5P

Saturday, Feb 18

Strategic Planning Committee 9A;
Women's Ministry Book Club 9A; Jun-
ior Ushers 10A; Pi Lambda Lambda
OPPF 10A; MEM New Beginnings
Spring Session 11A; Daughter's of the
King Book Club SGM (Offsite) 3P; End
of Life Care SGM (Offsite) 3P; Hamp-
ton Warriors SGM (Offsite) 3P; Hungry
For the Word SGM (Offsite) 3P

**ACADEMIC EDUCATION MINISTRY
(AEM)**

Attention 2017 High School Graduates who
are members of FMZBC. The FMZBC AEM
College Scholarship Applications are avail-
able in the Narthex by the mailboxes. Pick
up the large white envelope containing your
application along with other very important
information. POC: Sister Glorine Gholson
at glodessa@aol.com.

**ATTENTION ALL COMMUNITY ORGANI-
ZATIONS/GROUPS** who are offering
college scholarships to graduating high
school seniors: Please send a copy of your
applications electronically to the FMZ AEM
in care of Mrs. Glorine
Gholson (glodessa@aol.com). Your appli-
cations will be advertised in the weekly
Sunday bulletins, duplicated/compiled, and
placed in the proper location for pick-up by
qualified seniors.

The AEM is happy to announce that the
following college scholarship applications
are in the Narthex by the mailboxes:

- Pi Lambda Lambda Chapter of the
Omega Psi Phi Fraternity, Incorporated,
Prince William Chapter. All other perti-
nent information is on the applica-
tion. Pick up your copy today!
- Prince William Alumnae Chapter of
Delta Sigma Theta Sorority, Incorpo-
rated, scholarship
- The Joyce and Thomas Moorhead
Foundation (JTMF) scholarship
- Women In Communication (WICA)
scholarship
- RCM of Washington, D.C.--Community
Empowered Opportunities Scholarship
- The Northern Virginia Urban League
- The George M. Hampton Foundation,
Incorporated.
- The Gene K. Bryson Memorial Schol-
arship. Note that this scholarship is
only for students graduating from For-
est Park, Potomac, and Woodbridge
High Schools.
- National Coalition of 100 Black Wom-
en--Prince William County Chapter
(NCBW-PWCC) college scholarship.
Applicants must be graduating from
Prince William County, Manassas,
Manassas Park, or Stafford County.
- OZS Chapter (Blue Wellness Founda-
tion) of Phi Beta Sigma Fraternity, Inc.

Pick up your application today! All specifi-
cations and contacts are listed on the indi-
vidual applications.

WOMEN'S MINISTRY

ATTENTION ALL WOMEN and GUEST... On
Mar 11, 2017 The Women's Ministry will sponsor
a Girlfriend Day Fellowship to see the Stage Play
"Jonah" at the Sight & Sound Theatres located in
Strasburg PA. Registration is open in the Nar-
thex, following the 8am & 11am service. POC:
Sister Linda L. young, lindalyoung@hotmail.com
or Sister Robin Hawkins,
brasen_alter@yahoo.com.

150TH CHURCH ANNIVERSARY

Attention FMZ Ministries:

Please share in celebrating FMZ's 150th Church
Anniversary by having your ministry photo placed
in the anniversary souvenir journal. Pictures will
be taken in the chapel after the 8 a.m. and 11a.m.
service, every Sunday, through February 26,
2017.

Sign up for the congratulatory and business ads
after the 8:00 a.m. and 11 a.m. worship service.
Information on ad submission will be provided at
that time.

Congratulatory and business ad prices are below:
Full Page (8 X 10.5) - \$125
Half Page (8.5 X 5.5) - \$65
Quarter Screen (4.25 X 5.5) - \$50
Eighth Screen (Business Card) - \$35
Patrons List - \$20

To schedule your ministry photo session or for
additional information, please contact Trustee
Carol Burns at [571-264-4140](tel:571-264-4140) or email: [mincarola-
burns@yahoo.com](mailto:mincarola-burns@yahoo.com) or Deaconess Cynthia Brown
at [703-342-7299](tel:703-342-7299) or email cbrown0113@aol.com.

**DRIVERS NEEDED TO SUPPORT FMZ
MINISTRIES**

If you are looking for an opportunity to serve by
supporting an FMZ Ministry and have an inter-
est in getting members to and from ministry
events please call the front office or email
Renee Woolfolk at [rwoolf-
folk@firstmountzionbc.org](mailto:rwoolf-
folk@firstmountzionbc.org). The need is great so
the likelihood of matching you with an opportunity
is great.

SUNDAY SCHOOL MINISTRY

Sunday School Servant training is scheduled for
**Saturday, February 25th from 9:00-11:00
AM.** All Sunday School servants and those inter-
ested in serving in the Sunday School ministry are
invited. Sign up at [http://www.signupgenius.com/
go/30e0448a9ac2da2fb6-sunday1](http://www.signupgenius.com/
go/30e0448a9ac2da2fb6-sunday1) or contact Rev.
Jones at ecjcpt@aol.com

ADMINISTRATIVE OFFICE STAFF

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Renee Woolfolk
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THE COST FOR ANNOUNCEMENTS FOR RECOGNITION OF INDIVIDUALS IS \$20.00 PER REQUEST. PAYMENT SHOULD ACCOMPANY YOUR REQUEST. PLEASE LIMIT YOUR WORDING TO TWO LINES. THE REQUEST SHOULD BE SENT TO THE CHURCH OFFICE NL12 12 NOON ON WEDNESDAY TO: ANNOUNCEMENTS@FIRSTMOUNTZIONBC.ORG. WE RESERVE THE RIGHT TO MAKE CHANGES AS NECESSARY.

**MUSIC & ARTS
MINISTRY
February
REHEARSALS**

Men's Choir
Tues 14, 21; 7:30P

Voices of Zion
Thurs 16; 7P

Jewels Choir
Thurs 16; 7P

Mass Choir
Thurs 23; 7:30P

ATTENTION ALL MINISTRIES

The Strategic Planning Committee is holding facilitated workshops to develop ministry objectives that align with the FMZBC Strategic Plan. Workshops are from 9 a.m. to 1 p.m. at FMZBC. Following is the schedule:

- February 18 – Christian Education Department;
 - February 25 – Church Administration, Small Groups, Deacon, Deaconess and Trustee Ministries.
- For questions, please call Dr. Ricky Galloway at 703-869-7425.

YOUTH MINISTRY

Today is the last day to register for the **2017 Youth (Middle School) Lock-in:** Join us in a joyful experience through this year's theme: "Salt & Light (Matt. 5:13-16)" from Friday, February 17th (5pm) to Saturday, February 18th (9:30am). There will be fun, fellowship and exciting sessions. The cost is \$20 and registration forms will be available in the Narthex. POC: Rev. McNeill at 703-670-0184 or jmcneill@firstmountzionbc.org.

VOLUNTEER SCREENING

The Volunteer Screening Committee will conduct training and interviews on Saturday, February 25, 2017 beginning promptly at 9:00 AM. Please plan to attend this session if you have been a member of FMZBC for at least 6 months, and have the desire to work in youth/children related ministries. It is not necessary to sign up. Contact Cynthia Zorn Pettigrew at 703 -730-5227 or Clarice Torian at 703-730-6353 if you have questions.

FIT BY GOD

Walk and Tone: Walking combined with muscle toning exercises and stretching. Great for seniors! On 2nd and 4th Wednesdays 9:30am to 10:30am in the fitness center starting Feb. 8th. Come exercise and fellowship!

SHARE DISTRIBUTION

February SHARE packages will be distributed on Saturday, February 25th from 9 -10am in the gymnasium. POC Thomas Bates 703-330-6371 or Cherry Anderson 540-361-4319.

ARCHIVES MINISTRY

TRUTH BE TOLD... Check your attics and dust off your family scrapbooks and albums. We're looking for stories, photos, and artifacts that help to tell the story of First Mount Zion. If you have any of the aforementioned items to share, please contact Gwen Hopson (Archives Ministry) at (703) 590-9819.

ZONE M2 MEMBERS

Zone M2 Members are invited to stop by the table in the Narthex on Sunday, February 19, (after the 8am and 11am worship services) to say hello, or meet your Zone M2 Servant Leaders. It will only take a few minutes of your time for all of us to put faces to names! We look forward to seeing you -- Deacon Joe Boutte, Deaconess Claudia Woolfolk and Deacon James L. Hawkins.

ONLINE GIVING

Online giving is now available through the FMZBC website at www.fmzbc.com. On the home-page you will find the Online Giving slider, click on the slider and you will be directed to the online giving site. As a first-time user, you will need to set up a profile and include your member number when completing your online giving form. If you require assistance with setting up your profile and/or remembering your member number, please call the front office. For non FMZ members a member number is not required.

GOSPEL FEST

Please join the Omicron Chi Omega Chapter of Alpha Kappa Alpha Sorority, Incorporated® for its 23rd Annual Gospel Fest featuring award winning gospel artist Rev. Luther Barnes on Saturday, March 11th, at First Mount Zion Baptist Church beginning at 4 p.m. The event celebrates faith while honoring men in the local community. For ticket information visit <http://www.omicronchiomega-aka.org/> or contact Beverly Howell at gospelfest@omicronchiomega-aka.com.