

"I WAS SICK AND  
YE VISITED ME"

This Week at a Glance & Activities

Our Known Sick and/  
or Shut-in Prayer List

Christopher Bates [B]  
Thomas Blake [D4]  
Teresa Bridges [I]  
Terry Carey [F1]  
Charlie Clark [K1]  
Idell Collins [D3]  
Curley Creamier [C2]  
Samuel Graham [L1]  
Kenneth Irby [N]  
Kathleen Lambert [N]  
Kizzie Lane [G1]  
Gwynne McCatharine [N]  
Ann McCowen [F2]  
Nellie McLeod [H1]  
William C. McLeod [H1]  
Maria McNair [C1]  
Ralph Minor [B]  
Suzette Montero [F2]  
Betty Palmer [D1]  
Bertha Pickering [K1]  
Essie Pullman [Z]  
William Terry [M1]  
Cynthia Thompson [M2]  
Marie Veillard [B]  
Cynthia Walker [Z]  
Rosemarie Wilcox [Z]  
Clyde Wimbush [N]

GRAIN OF HEAVEN

Continental Breakfast



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16622 Dumfries Road  
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Ph. (703) 670-0184  
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Website  
www.fmzbc.com

Today, Aug 7

Music ~ Mass Choir  
Sunday School 7A; Revival Service  
8A; Sunday School 9:45A; Juvenile  
Detention 10A; Children's Church 11A;  
Revival Service 11A

Monday, Aug 8

Proverbs Place Back to School Night  
5:30P; Revival Service 7:30P

Tuesday, Aug 9

Proverbs Place Back to School Night  
5:30P; Revival Service 7:30P

Wednesday, Aug 10

Revival Service 7:30P

Thursday, Aug 11

Revival Service 7:30P

Friday, Aug 12

Revival Service 7:30P

Saturday, Aug 13

No Scheduled Activities

CHILDREN'S MINISTRY

**SALVATION STATION** – We need adult and teen servants to join us in August during Children's Worship at 11:00 am in the Chapel. Join our children as they learn stories from the book of Samuel; receive special presentations from members of Leadership and various FMZ ministries; and have fun discovering what an awesome God we serve! Contact Benjamin Duckenfield, [BenjaminDuckenfield3.bd@gmail.com](mailto:BenjaminDuckenfield3.bd@gmail.com), [540-467-1380](tel:540-467-1380) to sign up. Give a little time to make a BIG difference in the lives of our children this summer!

**TOOLS FOR SCHOOL!** We are excited to bring the blessing of school supplies to children in 1<sup>st</sup> through 8<sup>th</sup> grade who would like assistance this Fall. Don't be shy! Register on Sundays after the 8 & 11 am services. Last day to register is Today. You must have your school supply list when registering. Supplies are limited so don't delay. Supplies will be available for pickup on Sunday, August 21 after the 8 & 11 am services. POC: Stephany Stewart, Children's Ministry, at [stephanynstewart@gmail.com](mailto:stephanynstewart@gmail.com).

**Mercantile** - Coming 4th Sun, **August 28th**, during Salvation Station. Children should bring all Christian Character Dollars earned in Children's Ministry to shop at Mercantile. POC: Judy Best, Mercantile Coordinator, (703) 670-0746, [genesis04@msn.com](mailto:genesis04@msn.com).

Graduation for **Children's Ministry Preteen Class** (entering 6th grade in September 2016) will be held on Sunday, **August 28th** during Salvation Station. All preteen class members planning to participate in this special recognition program must notify Ben Duckenfield, Salvation Station Director, 540-467-1380, [benjaminDuckenfield3.bd@gmail.com](mailto:benjaminDuckenfield3.bd@gmail.com), Shemone Fullilove, Assistant Director, (571) 237-5786, [shemonef@gmail.com](mailto:shemonef@gmail.com), or Judy Best, 703-670-0746, [genesis04@msn.com](mailto:genesis04@msn.com), by August 21st.

SHARE REGISTRATION

The last day to register for August SHARE packages is Sunday, August 14. SHARE packages are \$22 for food valued between \$35 and \$45. POC: Thomas Bates 703-330-6371 or Cherry Anderson 540-361-4319.

Men's Ministry

MEN, MARK YOUR CALENDARS! The Men's Ministry will host its 2016 Men's Conference on Friday, Sept. 9 & Saturday, Sept. 10. This year's theme is "HONORING GOD: Through Faith, Family, & Fitness!" Register Today; \$50 adult and \$20 youth tickets. Don't miss out! Spots are limited.

ATTENTION ZONES K1, K2, K3, K4, K5 and N

Come out on August, 20 2016 for family fun. Zones K and N will be having our Summer Fellowship "Loving One Another" at Curtis Park in Stafford from 12:00 – 4:00pm. Sign up today after 8:00 and 11:00A.M. Service in the Narthex. We need your help, so please volunteer to support your zone with decorations, games, cooking, set-up, and break down. Let's make this year's fellowship exciting and fun.

Women's Ministry

**APPAREL & BADGE** Pickup: Greetings Ladies! If your schedule has still not allowed you to pick up the Women's Ministry polo, blouse, and/or name badge that you paid for in 2015 or 2016, then we have good news for you! A final pickup date has been added- August 14th in the Narthex after the 8 & 11 AM Services. POC Doris Morgan, [MorganD2525@gmail.com](mailto:MorganD2525@gmail.com).

Women (18 yrs. & beyond), **SAVE THE DATE!** The Women's Ministry will sponsor its 2016 Women's Conference on Friday, Oct 21 & Saturday, Oct 22. The theme is *A Time for Everything 'Embracing the Seasons of Your Life'* (Ecclesiastes 3:1-8). Registration begins Sunday, Aug 14, following the 8AM and 11AM service. Descriptions of the breakout sessions, special panel discussion, conference time and cost will be available at the registration stations. **Register early, space is limited!** POC: Linda Young at [lindalyoung@hotmail.com](mailto:lindalyoung@hotmail.com) or Robin Hawkins at [brasen\\_alter@yahoo.com](mailto:brasen_alter@yahoo.com).

Celebrating the Memory of Sister Fannie W. Fitzgerald

Women In Community Action (WICA) will be celebrating 40 years of community service on October 15, 2016. At that time a memorial scholarship will be awarded in the name of one of WICA's founders, Sister Fannie W. Fitzgerald. We are the group that has sponsored debutante balls since 1979 for young ladies in Prince William County and surrounding areas--many of whom have been members of FMZ. For more information, please contact Sister Glorine W. Gholson at [glodessa@aol.com](mailto:glodessa@aol.com).

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**THE COST FOR ANNOUNCEMENTS FOR RECOGNITION OF INDIVIDUALS IS \$20.00 PER REQUEST. PAYMENT SHOULD ACCOMPANY YOUR REQUEST. PLEASE LIMIT YOUR WORDING TO TWO LINES. THE REQUEST SHOULD BE SENT TO THE CHURCH OFFICE NLT 12 NOON ON WEDNESDAY TO: ANNOUNCEMENTS@FIRSTMOUNTZIONBC.ORG. WE RESERVE THE RIGHT TO MAKE CHANGES AS NECESSARY.**

**MUSIC & ARTS  
MINISTRY  
August  
REHEARSALS**

**MASS CHOIR**  
Thurs 25th; 7:30P

**Men's Choir Ensemble**  
Tues 16th; 7P  
Tues 23rd; 7P

**Voices of Zion  
Ensemble**  
Mon 15th; 7P  
Thurs 18th; 7P

**Jewels Choir**  
Thurs 18th; 7P

**2016 REVIVAL**

Revival services begin Today. The schedule for the week follows.

**Sunday:** Rev. Dr. C. Diane Mosby, Senior Pastor, Anointed New Life Baptist Church, Richmond, VA; 8:00 and 11:00am services.

**Monday and Tuesday:** (August 8-9) 7:30pm: Rev. Dr. Gregory Howard, Pastor, First Baptist East End, Newport News, VA

**Wednesday through Friday:** (August 10-12) 7:30pm: Rev. Dr. Steven Blunt, Pastor, First Baptist Church Mahan, Suffolk, VA

**Music & Arts/Devotion Schedule**

Monday - Women's Choir  
Devotions- Women's Ministry

Tuesday - Men's Choir  
Devotion - Men's Ministry

Wednesday - Voices of Zion  
Devotion - Youth Ministry

Thursday - Young Adult Ensemble  
Devotion - Pastor's Aide Ministry

Friday - Combined Choir  
Devotion - Associate Ministers

**The Lord Requests the Honor of Your Presence**

**Where:** Chapel Prayer Room  
**What:** In lieu of gifts, bring your prayers of praise and thanksgiving; intercession; contemplation; agreement; supplication and faith to the Alter or place them on the Wailing Wall.  
**When:** Revival Week. August 8th-12th  
Monday - Friday 8:30 am - 5:00 pm & 6:30 pm - 7:30 pm.  
**Host:** The Pastor's Aide Ministry.

**ATTENTION GOLFERS**

The FMZBC 20th Annual Golf Classic will be held on Monday, September 12th at Old Hickory Golf Club in Woodbridge, Va. The cost per player is \$100.00. You can play, be a Sponsor, or just buy a Golf shirt. Please sign up in the Narthex. Point of contact is Al Shelton (703) 969-5910.

**Beauty Salon**

Interested in learning how to become a licensed cosmetologist? Contact Mr. Ronald Thomas about an opportunity to earn while you learn. Mr. Thomas can be reached at (703) 670-0294.

**SALUTE TO AMERICAN VETERANS**

The second annual Salute to American Veterans Ball will be held on November 19, 2016 at the Expo and Conference Center in Fredericksburg, VA from 6 p.m. - 12 a.m. The first veterans ball was so successful last year, we had to move the venue to accommodate the increase in attendance. The cost is \$75 per person and includes a full course meal, entertainment and lots of fun. There will also be auctions, raffles and give aways. Proceeds to benefit H.O.M.E sponsored youth events, initiatives, selected Veterans outreach programs and future leaders of America. For more information or ticket purchase, please contact Deacon Andrew Walker at [andrew.walker55@verizon.net](mailto:andrew.walker55@verizon.net) or call 540-226-3967, or Mr. Melvin Allen Sr., at [mlal-lensr58@gmail.com](mailto:mlal-lensr58@gmail.com) or call (540) 840-3856. Tickets can be purchased on line. For detailed information about the veterans ball, please visit: [www.americanveteransball.org](http://www.americanveteransball.org).

**CREATIVE AND PERFORMING ARTS  
CENTER (CAPAC)**

CAPAC would like you to join us for our "Women's Empowerment Golf Workshop and Clinic" on Friday, August 19th. The event will be hosted by the Stonewall Golf Club at Lake Manassas in Gainesville, VA. Registration extended until August 18th. To register, become a sponsor or if you have questions, contact Ms. Loretta Freeman (703.856.7625), Mrs. Denise McPhail (703.509.4893) or visit our website at [www.capacweb.org](http://www.capacweb.org).

Calling ALL Performers!!! The Creative and Performing Arts Center (CAPAC) invites you to our Open Casting Call for Langston Hughes' production of "Black Nativity". Auditions are Saturday, August 20th and 27<sup>th</sup>, 2016, from 11:30am - 2:30pm. To register, visit Eventbrite, search Open Call Audition or visit our website at [www.capacweb.org](http://www.capacweb.org).

**PWC NAACP**

The PWC NAACP will hold its monthly General Membership Meeting on Tuesday, August 16th, from 7:30 to 9:00 P.M. at the First AME Church located at 10313 S. Grant Ave., Manassas, VA. This month, we will be holding an Open House. Please come out and join us. If you are unable to attend the meeting, you can participate online by using our GoToMeeting procedure. Go to our website at [pwnaaccp.org](http://pwnaaccp.org) and access the calendar entry for this meeting.